# WEEK 1 SUMMER MENU





#### **MONDAY**

Yogurt & **Fruit Platter** 

MORNING

LUNCH

LETERNOON

Tuna and Vegetable bake

Platter of dips, crackers cheese, carrot & celery sticks

#### **TUESDAY**

Yogurt, nut-free muesli & **Fruit Platter** 

> Chicken stroganoff & rice

**Sweet Muffins** 

#### WEDNESDAY

Yogurt & Fruit Platter

Cold meats with a choice of pasta, rice or potato salad

> Savoury Pin wheels

### **THURSDAY**

Yogurt & **Fruit Platter** 

Variety of Sandwiches

> Chocolate Cake

#### **FRIDAY**

Yogurt & **Fruit Platter** 

Spaghetti Carbonara

Scones served with jam & cream

All meals prepared fresh daily by our Chef.

All menu ingredients available upon request.



## WEEK 2 SUMMER MENU





**MONDAY** 

Yogurt & Fruit Platter

MORNING

FTERNOON

Homemade Pizzas

Chocolate Cake **TUESDAY** 

Yogurt & Fruit Platter

Assorted cold meats and salad wraps

Platter of dips, crackers cheese, carrot & celery sticks WEDNESDAY

Yogurt & Fruit Platter

Butter Chicken and rice

Nut - Free Muesli & Fruit squares **THURSDAY** 

Yogurt & Fruit Platter

Beef and vegetable Lasagne

Platter of dips, crackers cheese, carrot, & celery sticks FRIDAY

Yogurt & Fruit Platter

Variety of sandwiches

Sweet Muffins

All meals prepared fresh daily by our Chef.

All menu ingredients available upon request.



# WEEK 3 SUMMER MENU





### **MONDAY**

Yogurt & fruit platter

MORNING

**NETERNOON** 

Coconut chicken curry with rice

Carrot Cake

#### **TUESDAY**

Yogurt & fruit platter

Variety of sandwiches

Pikelets served with jam and cream

#### WEDNESDAY

Yogurt & fruit platter

Ground Beef
chow mein
with wet Asian
noodles

Platter of dips, crackers, cheese, carrot & celery sticks

### **THURSDAY**

Yogurt,
Nut Free Muesli &
fruit platter

Chicken and vegetable casserole

Homemade cake

#### **FRIDAY**

Yogurt,
Nut Free Muesli &
fruit platter

Macaroni and cheese pasta

Chocolate Crackles

All meals prepared fresh daily by our Chef.

All menu ingredients available upon request.

# WEEK 4 SUMMER MENU





**MONDAY** 

**TUESDAY** 

WEDNESDAY

**THURSDAY** 

FRIDAY

Yogurt & fruit platter

MORNING

ERNOON

Yogurt & fruit platter

Yogurt & fruit platter

Yogurt & fruit platter

Yogurt & fruit platter

Beef and vegetable Shepard's Pie

Variety of Sandwiches Assorted cold meats and salad wraps

**Braised** curried sausages with 3 vegetable mash

Homemade Pizzas

Weetbix Slice

Homemade **Biscuits** 

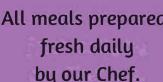
Lemon Slice

Platter of dips, crackers, cheese, carrot & celery stick

Jelly and fruit

All meals prepared fresh daily

All menu ingredients available upon request.





# WEEK 5 SUMMER MENU





### **MONDAY**

#### **TUESDAY**

#### WEDNESDAY

#### **THURSDAY**

#### FRIDAY

Yogurt & fruit platter

MORNING

NFTERNOON

Assorted Sandwiches

**Anzac Slice** 

Yogurt & fruit platter

Chicken and vegetable Lasagne

Carrot Cake Yogurt & fruit platter

Cold meats with a choice of pasta, rice or potato salad

Savoury Pin Wheels Yogurt & fruit platter

Homemade Pizzas

> Sweet Muffins

Yogurt & fruit platter

Cornish
Sausage rolls

Platter of dips, crackers, cheese, carrot & celery sticks

All modes y

All meals prepared fresh daily by our Chef.

All menu ingredients available upon request.

